

TEACHER INFORMATION PACKET

Dear Teachers,

Thank you for choosing the Catalina Island Ecology Safari as your field trip! We appreciate the time and effort it takes to prepare your students for their program, and we will do everything we can to make their experience as rewarding as possible.

In order to help you better prepare for your upcoming journey, we have provided a Teacher Information Packet. We have included the following forms:

- Adult Clothing and Supply List
- Acknowledgement of Risk and Waiver
- Adult Medical Form
- R/V Sea Explorer / Fury*** Manifest
- Tent Assignments for Island Ecology Safari on the ***R/V Sea Explorer***
- Snorkeling Groups for Island Ecology Safari
- Program Information Form

Please complete the ***Acknowledgement for Risk and Waiver*** and ***Adult Medical Form for yourself***. The ***R/V Sea Explorer / Fury*** Manifest is a list of ALL participants on the boat. Please have this form correctly completed on the morning of your departure. If your trip is scheduled on the ***R/V Sea Explorer*** and is an overnight program, you need to assign students to tents. After parents have returned snorkeling forms to you, please assign students to beginner, intermediate and advanced snorkeling groups based on swimming ability and snorkeling experience. Please FAX the ***Program Information Form*** one week in advance, so we can accommodate dietary and concerns and any other special needs. *****If you choose to order T-shirts, please FAX the T-shirt Order Form six weeks in advance.***

In addition to the Teacher Information Packet, we have also included the ***Chaperone Information Packet*** and ***Parent Information Packet*** with student forms. Each packet contains information and forms that must be completed by parents, chaperones, and teachers before arriving for the program. These packets are ready to be copied and distributed to the appropriate participants. It is important that you are familiar with all the information and forms found in each packet.

Note: Please make sure that you provide chaperones with copies of the Chaperone Information Packet and the Parent Information Packet.

If you have any questions about your program, please call me at (949) 496-2274, extension 331

Sincerely,

Serena Neff
Island Ecology Safari Program Coordinator, Assistant Director of At Sea Programs

ADULT CLOTHING AND SUPPLY LIST

Please pack the following in a backpack to be used throughout the first day:

- 1 sack lunch for first day (avoid sweets and greasy foods!)
- 1 pair of shorts
- 1 swim suit (please wear under clothes for the first day)
- 1 towel
- 1 sweatshirt or jacket
- 1 hat (must block the sun)
- sunscreen (waterproof is best)
- 1 water bottle or canteen (these can be filled on the boat)

Optional Items:

- Wetsuit, mask, fins, and snorkel with carrying bag
- Sunglasses
- Book
- Camera
- Motion sickness medication (taken the night before or a minimum of 30 minutes before the trip)

Please pack the following in an overnight bag. These items will not be accessible until the evening of the first day:

- 1 sleeping bag in waterproof bag or plastic bag
- 1 pair of pajamas (Sweats/attire that can be worn outside recommended)
- 1 pair of long pants
- 2 shirts / 1 long sleeved, 1 short sleeved
- 1 pair of underwear
- 1 pair of tennis shoes (closed toed)
- 2 pairs of socks
- 1 washcloth
- 1 toiletry kit (soap, toothbrush and paste, comb and brush, etc.)

Optional Items:

- Day pack
- Mittens
- Bag for wet swimsuit, gear
- Rain gear (ponchos work well)
- Stocking cap

Do Not Bring:

- candy, gum
- radios, walkman, or electronic games
- curling irons or blow dryers
- hairspray

Remember:

You will be getting dirty and wet! Pack only the necessities...all gear must be stowed on your own bunk.

AVOIDING SEASICKNESS

There are several things that you and your students can do to avoid seasickness:

- Eat a good breakfast or lunch before the cruise--make sure that you avoid sweets and greasy foods!
- Take anti-motion medication the night before or at least 30 minutes before boarding the vessel (these medications generally last 24 hours so taking them the night before allows for the drowsiness to wear off)

ACKNOWLEDGEMENT OF RISK AND WAIVER FOR ALL PARTICIPANTS

Welcome to the Ocean Institute! We want you and everyone to have a memorable and safe experience.

The Ocean Institute's environment, vessels, facilities, and activities are unique and different from your usual surroundings and activities. There are many inherent risks, dangers, and hazards and everyone must exercise caution at all times in order to avoid or minimize the risk of damage, injury, and death.

Examples of these risks, dangers, and hazards include, without limitation: (a) walking and standing surfaces that may be wet, slippery, moving, irregular, unstable, and rough; (b) open areas such as hatches into which someone could fall; (c) low or irregular lighting, or no lighting at all; (d) objects and equipment that could fall on someone; (e) low ceilings; (f) ropes, chains, and other items that could strike or entangle someone; (g) extreme and variable physical, weather, and ocean conditions, including darkness, sun glare, storms, and hot and cold temperatures; (h) vessels, docks, buildings, ladders, and stairs from which someone could fall; (i) vessels and docks that could pitch, roll, capsize, flood, collide, and sink; (j) gaps between a vessel and a dock that could open or close suddenly and unpredictably; (k) possible encounters with wildlife and plants; and (l) unavailability of medical attention and treatment.

If you attend and Ocean Institute activities, then you must exercise caution at all times to protect yourself and others from these risks, dangers, and hazards. If children or other persons under your care attend any Ocean Institute activities, then discuss these risks, dangers, and hazards with them as they too must exercise caution at all times.

Program Name:

Program Date:

Participant Name:

Last:

First:

Birth date:

Guardian Name:

Last:

First:

Home Phone:

Cell Phone:

Work Phone:

Address:

City:

State:

Zip:

Email:

If you attend any Ocean Institute activities, and/or if others under your care attend any Ocean Institute activities, then by checking the box below you, on behalf of yourself and such other persons, shall be deemed to have read and understood this document and to have irrevocably waived any and all claims against the Ocean Institute and its directors, officers, employees, contractors, volunteers, agents, and insurers for damage, injury, accident, illness, or death occurring during or by reason of such activities.

Additionally, I authorize the use of photos taken of me and others under my care by the Ocean Institute for its promotional purposes.

As the Parent/Guardian, I have read and agree to the statements made on this document.

Today's Date:

ADULT MEDICAL FORM

Name _____

Address _____ City _____ State _____ Zip _____

Home Telephone Number (____) _____ - _____

Age _____ Date of Birth ____ / ____ / ____

Social Security Number _____ - _____ - _____

Closest Relative (to notify in the event of an emergency)

Name _____

Address _____ City _____ State _____ Zip _____

Home Telephone Number (____) _____ - _____

Work Telephone Number (____) _____ - _____

Additional Emergency Contact

Name _____

Address _____ City _____ State _____ Zip _____

Home Telephone Number (____) _____ - _____

Work Telephone Number (____) _____ - _____

Insurance Information

Medical Insurance Group Name and Number _____

Additional Information

Do you have any physical or medical conditions or restrictions?

If yes, please explain _____

Do you have any allergies? Please specify _____

Do you regularly take any prescription medications? Please specify _____

R/V SEA EXPLORER / FURY MANIFEST

Date ____/____/____

Name of School/Group _____

Ocean Institute Program _____

Number of Students _____ Number of Adults _____ Total _____

1.	_____	26.	_____
2.	_____	27.	_____
3.	_____	28.	_____
1.	_____	29.	_____
2.	_____	30.	_____
3.	_____	31.	_____
4.	_____	32.	_____
5.	_____	33.	_____
6.	_____	34.	_____
7.	_____	35.	_____
8.	_____	36.	_____
9.	_____	37.	_____
10.	_____	38.	_____
11.	_____	39.	_____
12.	_____	40.	_____
13.	_____	41.	_____
14.	_____	42.	_____
15.	_____	43.	_____
16.	_____	44.	_____
17.	_____	45.	_____
18.	_____	46.	_____
19.	_____	47.	_____
20.	_____	48.	_____
21.	_____	49.	_____
22.	_____	50.	_____

TENT ASSIGNMENTS FOR ISLAND ECOLOGY SAFARI ON THE *R/V SEA EXPLORER*

Use this worksheet to help make your tent groups. Please bring at least one copy of this list with you on the first day of the program.

Tent Assignment:	
1	
2	
3	
4	
5	
Chaperone:	

Tent Assignment:	
1	
2	
3	
4	
5	
Chaperone:	

Tent Assignment:	
1	
2	
3	
4	
5	
Chaperone:	

Tent Assignment:	
1	
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4	
5	
Chaperone:	

Tent Assignment:	
1	
2	
3	
4	
5	
Chaperone:	

Tent Assignment:	
1	
2	
3	
4	
5	
Chaperone:	

SNORKELING GROUPS FOR ISLAND ECOLOGY SAFARI

Use this worksheet to help make your snorkeling groups. Snorkeling groups should have at least five students and one chaperone. Please bring at least one copy of this list with you on the first day of the program.

Group 1: Beginner	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	

Group 2: Intermediate	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	

Group 3: Advanced	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	

PROGRAM INFORMATION FORM FOR ISLAND ECOLOGY SAFARI

Please complete this form and return it to the Ocean Institute’s Program Coordinator at least **6 weeks** prior to your program date.

School _____ Program Date _____

Teachers _____

Number of Participants: Students _____ Adults _____ Teachers _____

Special Dietary Needs: We can accommodate certain dietary needs if notified in advance. Please note: participants with allergies to foods such as wheat and milk should bring substitutes. Please list any participants (student and adult) with special dietary needs (attach sheet if necessary).

Name:	Need:
_____	_____
_____	_____
_____	_____
_____	_____

Are there any participants with special needs (wheelchairs, casts, asthma, allergies)? If yes, please explain ways that we can help with accommodations (attach sheet if necessary).

What topics have you covered in your classroom pre-trip preparation?

CATALINA ISLAND ECOLOGY SAFARI T-SHIRT INFORMATION

Take home more than just knowledge and memories!

Catalina Island Ecology Safari T-shirts are available for both students and adults. This comfortable T-shirt features the Island Ecology Safari logo. Individuals interested in purchasing a T-shirt must place an order with their teacher or group leader before attending the Island Ecology Safari program.

ORDERS MUST BE RECEIVED BY THE CHAMBERS GIFT AND BOOK STORE SIX WEEKS PRIOR TO YOUR TRIP.
Only Fax Orders Will Be Accepted.

The cost of the shirt is \$12.00 (including tax).

Note! Checks must be received before shirts are distributed!

**FAX YOUR GROUP ORDER TO:
(949) 496-4296**

School Name _____

Contact _____

Program Date _____ Phone _____

Number of Shirts by Sizes (**adult sizes only**):

Small _____

Medium _____

Large _____

X-Large _____

Total number of shirts (small - X-Large) _____ @ \$12.00 each, including tax

AMOUNT DUE: \$ _____

Please make checks payable to the **Chambers Gallery**.
Include your driver's license and telephone number on your check.

